| The mJOA questionnaire | | | | |
|------------------------|------|---------------|---------------|--|
| Name: | DOB: | Surgery Date: | Today's Date: | |
| | | | | |

| Modified Japanese Orthopaedic Association (mJOA) score | | | |
|--|--------|--|--|
| I. Motor dysfunction score of the upper extremities | Circle | | |
| | one | | |
| Inability to move hands | | | |
| Inability to eat with a spoon but able to move hands | | | |
| Inability to button shirt but able to eat with a spoon | | | |
| Able to button shirt with great difficulty | | | |
| Able to button shirt with slight difficulty | | | |
| No dysfunction | | | |
| II. Motor dysfunction score of the lower extremities | | | |
| | one | | |
| Complete loss of motor and sensory function | | | |
| Sensory preservation without ability to move legs | | | |
| Able to move legs but unable to walk | | | |
| Able to walk on flat floor with a walking aid (i.e., cane or crutch) | | | |
| Able to walk up and/or down stairs with hand rail | | | |
| Moderate to significant lack of stability but able to walk up and/or down stairs without hand rail | | | |
| Mild lack of stability but walk unaided with smooth reciprocation | | | |
| No dysfunction | | | |
| III. Sensation | | | |
| | one | | |
| Complete loss of hand sensation | 0 | | |
| Severe sensory loss or pain | | | |
| Mild sensory loss | | | |
| No sensory loss | | | |
| IV. Sphincter dysfunction | | | |
| | one | | |
| Inability to urinate voluntarily | | | |
| Marked difficulty with micturition | | | |
| Mild to moderate difficulty with micturition | | | |
| Normal micturition | | | |

| mild myelopathy | mJOA from 15 to 17 |
|---------------------|--------------------|
| moderate myelopathy | mJOA from 12 to 14 |
| severe myelopathy | mJOA from 0 to 11. |