Global Health Scale

Please respond to each item by marking one box per row.

		Excellent	Very good	Good	Fair	Poor
Global01	In general, would you say your health is:	5	□ 4	 3	\square ₂	[] 1
Global02	In general, would you say your quality of life is:	5	\square		\square ₂	
Global03	In general, how would you rate your physical health?	— 5	□4	□3	□2	
Global04	In general, how would you rate your mental health, including your mood and your ability to think?	□5	☐ 4	□ 3	□2	
Global05	In general, how would you rate your satisfaction with your social activities and relationships?	□ 5	□4	□ 3	□ 2	
Global09	In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)	□5	□4	□	□2	
		Completely	Mostly	Moderately	A little	Not at all
Global06	To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?	5	□ 4	— 3	□2	

In the past 7 days...

,	In the past / days				Nev	er	Rarely	Some	etimes	Ofte	n	Always
Global10	How often have you been both problems such as feeling anxio irritable?	ous, de	l or			2	3		□4		5	
					Nor	ie	Mild	Mod	lerate	Seve	re	Very severe
Global08	How would you rate your fatig	gue on average?			□ 1		\square_2	3		\square		5
Global07	How would you rate your pain on average?	0 No pain	□ 1	□2		\square 4	5	6 6	— 7		9	10 Worst imaginable pain